

XVI TAÇA NKGR

25

FEV 2023



NÚCLEO KARATE GOJU RYU
SEIWAKAI PORTUGAL

PAVILHÃO DA TORRE DA MARINHA SEIXAL



CENTURY 21.
Tipy Family





NUCLEO KARATE GOJU RYU

XV Taça

Dear Friends,

Year after year we have count with many Portuguese and other international teams in our annual Cup in the magnificent municipality of Seixal, over the years your participation is important so that we can evolve and improve this event.

Something that distinguishes our cup is the fact that only Goju-Ryu katas are allowed in this competition, we want to enhance the growth of the Goju-Ryu style in Portugal and it will certainly be an opportunity for athletes to grow as practitioners of Karate Goju-Ryu and the style to gain more space in National Karate.

This year, together with our competition, we will have present international seiwakai events that will add more quality to the competition.

We will have more news this year and we count on your support and participation in this event so that we can once again enjoy good times together.

We hope to count on your presence in the municipality of Seixal, it will be an event that will convey all the effort of athletes in recent times as well as the effort of the Seixal on the supporting of the sport.

Best Regards,

NKGR

Organização: Núcleo de Karate Goju Ryu



NUCLEO KARATE GOJU RYU

XV Taça

Pavilhão Municipal Torre da Marinha

Seixal

REGULATION

*The XVI NKGR Cup will be held on the day **February 25, 2023** starting at 8:30 am and ending at 7:00 pm, the event will take place at **Pavilhão Municipal da Torre da Marinha***

- 1. The NKGR Cup will comprise individual Kata and Kumite competition.*
- 2. All rules will be in accordance with the **WKF competition rules** (World Karate Federation) with the exception of some parameters mentioned later in the regulation.*
- 3. All **elected arbitrators** for the panel will have to have the official course of **FNKP** or other foreign national federation attached to the **WKF** in order to guarantee a quality tournament.*
- 4. All referees who want to participate in our event must contact the organization.*
- 5. An entrance fee of 1 Kyay will be charged to the public and 1 bottle of water will be offered*
- 6. The **inscriptions** will start at **00:00 hours on December 1, 2022** and close at **23:59 hours on February 10, 2023**, they will be carried out on the Kimura platform (<https://www.kimura.pt/eventos/>).*
- 7. For inscriptions **be validated**, the payment of the amounts in question must be settled by **24 hours** after the closing date.*
- 8. The entry fee will be:*
 - Until the 1st of February: €10 per category;*
 - Between February 2nd and February 10th: €15 per category;*
 - Trainers: 1 – Free | More than one: Add €5 (*
 - ParaKarate: 5€ per category (prize for all participants).*
- 9. Any changes after registration closes will incur an administrative cost of **25€***

Organização: Núcleo de Karate Goju Ryu



NUCLEO KARATE GOJU RYU

XV Taça

10. *The aforementioned amounts must be settled by the deadline for each period by bank transfer to the NKGR by IBAN: PT5000 0700 000038223344823, the registration is only validated and the registration fee is guaranteed after settlement of the amount in question.*

11. *The organization will provide medical support compatible with the race, but is not responsible for accidents that occur during the tournament, any competition insurance will be at the risk of the participating clubs.*

12. *It counts the age of the athletes on the date of the race (February 25, 2023)*

13. *The organization reserves the right to cancel a race if it does not have a sufficient number of registrations.*

14. *If the control table requests it, the identification of the competitors will be done through the personal passport or citizen card.*

15. *The organization does not provide proof sheets, so each club must have printed proof sheets.*

16. *In case of protest, the intention must be communicated to the board as soon as the test in question is finished, you will have to ask the board for its form. It will cost €50, which is returned if the protest is accepted and the protester is given the reason.*

17. *The draw for the tournament will take place on February 15, 2023 via the kimura platform, which will be announced on February 16, 2023 with the respective provisional programme.*

18. *Complaints must be made by February 19, 2023, with the draw for the categories where changes have been made being launched on February 21, 2023.*

Any doubt or interpretation, not contained in this Regulation, will be clarified and/or resolved in a timely manner through the following contacts:

- David Oliveira tel. 966635875 email: direccaonkgr@gmail.com

- Ruben Pedroso Tel. 968401084 email: secretariankgr@gmail.com



NUCLEO KARATE GOJU RYU

XV Taça

KATA

KATA CLASSES - MALE AND FEMALE INDIVIDUAL

<i>Mini Kids (up to 7 years old)</i>
<i>Children (up to 9 years old)</i>
<i>Initiates (10-11)</i>
<i>Juniors (12-13)</i>
<i>Cadets (14-15)</i>
<i>Juniors (16-17)</i>
<i>Seniors (+16)</i>
<i>ParaKarate (Learning Disabilities (+16))</i>

At all levels, the events will take place using the points system, following the rules in force in the FNKP and WKF regulations, with the following exceptions:

- **In the Kata Mini Kids category:**
 - *Athletes may perform the same Kata in all rounds*
 - *Only basic Katas defined in Annex 1 will be allowed*
- **In the Infant and Initiates category:**
 - *Athletes may alternately repeat Kata*
 - *Athletes may present any Kata listed in Annex 1.*
- **In the Junior to Senior category:**
 - *They will have to perform a different kata in every round.*
- *If a tiebreaker is necessary, it will take place according to the parameters described in the rules WKF rules.*
- *Athletes from the Mini Kids category can compete in the Children category and Junior athletes can compete in Seniors.*
- *Only Goju-Ryu style katas listed in Annex A will be allowed at all levels.*
- *Classes with less than four athletes join the male and female series in Kata.*



NUCLEO KARATE GOJU RYU

XV Taça

INDIVIDUAL KUMITE

KUMITE CLASSES - MEN'S AND WOMEN'S INDIVIDUAL

GRADE	GENRE	WEIGHT
<i>Children (8 - 9 years old)</i>	<i>Feminine</i>	<i>-27Kg; -32Kg; +32Kg</i>
<i>Children (8 - 9 years old)</i>	<i>Male</i>	<i>-27Kg; -32Kg; +32Kg</i>
<i>Initiates (10-11)</i>	<i>Feminine</i>	<i>-37Kg; -45Kg; +45Kg</i>
<i>Initiates (10-11)</i>	<i>Male</i>	<i>-36Kg; -43Kg; +43Kg</i>
<i>Juniors (12-13)</i>	<i>Feminine</i>	<i>-42Kg; -48Kg; +48Kg</i>
<i>Juniors (12-13)</i>	<i>Male</i>	<i>-44Kg; -50Kg; +50Kg</i>
<i>Cadets (14-15)</i>	<i>Feminine</i>	<i>-47Kg; -54Kg; +54Kg</i>
<i>Cadets (14-15)</i>	<i>Male</i>	<i>-57Kg; -70Kg; +70Kg</i>
<i>Juniors (16-17)</i>	<i>Feminine</i>	<i>-53Kg; -59Kg; +59Kg</i>
<i>Juniors (16-17)</i>	<i>Male</i>	<i>-61Kg; -76Kg; +76Kg</i>
<i>Seniors (+18)</i>	<i>Feminine</i>	<i>-55Kg; -68Kg; +68Kg</i>
<i>Seniors (+18)</i>	<i>Male</i>	<i>-67Kg; -75Kg; +75Kg</i>

At all levels, the events will take place using the points system, following the rules in force in the FNKP and WKF regulations, with the following exceptions:

- *Kumite classes with less than 4 athletes join the next or previous series in the case of higher classes.*
- *Duration of Kumite competitions:*
 - *Children (≤ 9 years): 1 minute;*
 - *Beginners (10/11 years old): 1 minute;*
 - *Juniors (12/13 years old) 1:30 minutes;*
 - *Cadets, Juniors and Seniors: 2 minutes.*



NUCLEO KARATE GOJU RYU

XV Taça

Additional information

Anexx 1 – List of Katas:

- 1. Fukyo kata Dai Ichi***
- 2. Fukyo kata Dai Ni***
- 3. Fukyo kata Dai San***
- 4. Gekisai Dai Ichi***
- 5. Gekisai Dai Ni***
- 6. Gekisai Dai San**
- 7. Kururunfa**
- 8. Saifa**
- 9. Sanchin**
- 10. Sanseru**
- 11. Seiunchin**
- 12. Sepai**
- 13. Sesan**
- 14. Shisochin**
- 15. Suparinpei**
- 16. Taikyoku Kata***
- 17. Tensho**

*- Basic Kata



NUCLEO KARATE GOJU RYU

XV Taça

Pavilhão Municipal Torre Da Marinha

<https://goo.gl/maps/nrs9omAt8nxz679x7>



Accommodation suggestions

Evidência Belverde Atitude

Avenida de Belverde 2845-483 Amora Telefone: (+351) 214.603.620

Coordenadas Geográficas: 38°36'6" N, 9°8'20" W Decimais (GPS): 38.601577,-9.139012

Hotel Quinta Valenciana

Rua da EDP, 18

2865-373 Fernão Ferro, Seixal

A Quinta valenciana dispõe de 34 quartos equipados com ar-condicionado, tv e casa de banho.

Organização: Núcleo de Karate Goju Ryu



NUCLEO KARATE GOJU RYU

XV Taça

Local Tourism

Seixal Bay



Organização: Núcleo de Karate Goju Ryu